## ABSTRACT

The recording apparatus of the present invention includes: a file generating section for receiving video data and audio data and generating a video data file and an audio data file; a dividing section for dividing the video data file into a plurality of video data elements and dividing the audio data file into a plurality of audio data elements, an arranging section for arranging data such that the video data elements and the audio data elements are recorded within a predetermined recording unit; and a recording section for recording the arranged data on an information recording medium.

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